



BULLCREEK DISCOUNT PHARMACY

Extra Care. Extra Savings

That Summer Feeling!

9th November – 5th December 2021

WE ARE A
**COVID-19
SAFE PLACE
TO SHOP**

With the sunny season ahead, slide into Summer with ease. The festive season is upon us and with it brings some much needed downtime after a tough year. Now is our chance to have quality time with family and friends, prioritise our wellbeing and recharge for 2022. While some of our travel options may be limited, why not enjoy what Australia has to offer; long Summer days, backyard barbies and more fun in the sun! Soak up Summer but don't forget to Slip, Slop and Slap!¹ Our Pharmacy has you covered for all your health needs, so you can thrive this holiday season.



Lightweight
broad-spectrum
protection that
won't clog pores



\$14.98

Bonus!

FREE GIFT when you purchase any product from the SunSense range**



Simply shop in our Pharmacy
for your chance to WIN!***

1. <https://www.Cancersa.Org.Au/prevention/sunsmart/protecting-my-skin/> # always read the label. Follow the directions for use. When using sunscreen always wear a hat, protective clothing and sunglasses. Avoid prolonged high-risk sun exposure. Reapply sunscreen frequently or use in accordance with directions. ***While stock lasts. Always read the label. Follow the directions for use. Avoid prolonged sun exposure and wear protective clothing, hats and eyewear to further reduce risk. Frequent re-application is required. Excludes SunSense lip balm 15g. Not all products stocked in all participating pharmacies. Excludes prescriptions. While stocks last. ***Terms and conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021. Promotion valid from 9th November - 5th December 2021. Excludes prescriptions. Customers must use their LifeClub card when transacting. Multiple entries permitted. See in store for full competition terms and conditions.

TUMMY TROUBLE

During the festive season many of us may experience “Jingle Bowels” also known as digestive upsets like; bloating, constipation, diarrhoea and abdominal cramps. These can be caused by overindulging in rich foods, increased alcohol consumption and in some cases stress. Those with IBS can also be at increased risk of festive flare-ups due to certain triggers¹. Give your tummy a helping hand this silly season. Our products may help provide relief:



Heartburn & Acid Reflux

GAVISCON **DUAL ACTION**
Sodium Alginate 250mg
Sodium Bicarbonate 106.5mg
Calcium Carbonate 187.5mg
Heartburn & Indigestion
48 Tablets ¥ **\$11.98**

Chemists' Own
Heartburn Relief
Esomeprazole Tablets
20mg (400mg/14 tablets)
24 HOUR
14 enteric-coated tablets
14 Tablets ¥ **\$10.98**

PHARMACY MEDICINE
Nexium
Once Daily Dosing
(24HR)
14 enteric-coated tablets
14 Tablets ¥ **\$14.98**

PHARMACY MEDICINE
GUARDIUM
ACID REFLUX RELIEF
Esomeprazole 20mg (14 tablets)
24 HOUR
14 enteric-coated tablets
14 Tablets ¥ **\$12.98**

Diarrhoea Relief

DiaRelieve
For effective relief of diarrhoea
10 x 3.25g sachets
10 x 3.25g Sachets ¥ **\$16.98**
SAVE \$3.01*

Chemists' Own
Diarrhoea Relief
loperamide Hydrochloride 2 mg
for effective relief of acute diarrhoea
20 capsule shaped tablets
20 Tablets ¥ **\$9.98**

Cystitis & UTI support

Uramet
Methenamine Hippurate 1g
ANTIBACTERIAL
20 Tablets ¥ **\$16.98**
MADE IN AUSTRALIA

Chemists' Own
Cystitis Relief
sodium bicarbonate 1.76 g,
citric acid anhydrous 720 mg,
sodium citrate anhydrous 630 mg
per 5 sachets.
28 sachets (effervescent granules)
28 Sachets ¥ **\$7.98**

Digestion Support

Chemists' Own
IBS Support
Digestive Drops
100 mL
100mL ¥ **\$29.98**
SAVE \$2.97*

Hydration Stations

Feeling the effects of a 'Merry' Christmas? Try **Hydralyte Ice Blocks** to not only rehydrate after the occasional hangovers, but after long days in the Hot Summer Sun.

Hydralyte Ice Blocks
16 Ice Blocks each ¥ **\$11.98**
SAVE \$4.21*

Use only as directed. If symptoms persist, consult your healthcare practitioner.

Look after your furry friends this Summer



- Provide fresh clean water frequently, you could even pop a few ice cubes into their water bowl.
- Plan for early morning or evening walks.
- Keep them in shaded areas.
- Provide damp towels for them to lie on.
- Always look out for signs of heatstroke.
- For dogs, consider regular grooming as matted hair can trap heat.

During the Christmas period, remember festive foods like chocolate, macadamias, raisins, and avocados can be toxic to pets.



Chemists' Own
Laxative with senna
Docusate Sodium 50 mg
Total Sennosides (calculated as Sennosides B) 8 mg
Constipation Treatment - Sugar Free
90 Film-coated tablets
90 Tablets ¥ **\$6.98**

For comfortable constipation relief

Sensitive teeth from your tasty cold treats? Try **Sensodyne**

SENSODYNE **RAPID RELIEF**
100g
100g **\$9.98**

¹<https://www.healthdirect.gov.au/irritable-bowel-syndrome-ibs>. Always read the label. Follow the directions for use. This medicine/ product may not be right for you. Read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. *Saving claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.

SAFETY FIRST FOR A FEEL-GOOD SUMMER!



With the sunny season comes outdoor fun. This can lead to certain health and safety risks, from BBQ burns, sunburn, stubbed toes, slips, falls, bumps and bruises as well as those pesky bites from backyard critters. Being prepared will put your mind at ease, should those Summer injuries occur. Check your first aid kit contents, replace medications that have expired and, update with the essentials. For home or out and about, our Pharmacy has you covered for all your first aid needs.

First Aid Kit Essentials

CRYSTASOOTH Burn Gel Aloe Vera 0.1% w/v. Aids healing of minor burn, scalds and sunburn.

100mL ¥

\$8.98 each

CRYSTAWASH Wound Wash Spray. Aids healing of skin wounds.

100mL ¥

SOOV BURN Sunburn & Minor Burns Cream. Soothes, hydrates and relieves the pain of sunburn, scalds and minor burns.

250mL ¥

\$13.98

SAVE \$2.97*

SOOV CREAM Antiseptic Pain Relief Cream. Soothes, hydrates and relieves the pain of cuts, grazes, minor burns, scalds and sunburn.

50g ¥

\$7.98

SOOV BITE Insect Bites & Stings Gel. Soothes, hydrates and relieves the pain of insect bites and stings.

25g ¥

\$6.98

Hand Hygiene

CRYSTAWASH 24 Foaming Hand Sanitiser. Kills 99.9% of germs. Lasts for up to 24 hrs.

500mL ¥

\$16.98

SAVE \$3.01*

CRYSTAWASH 24 Foaming Hand Sanitiser. Kills 99.9% of germs. Lasts for up to 24 hrs.

50mL ¥

\$3.98

Working Feet Feeling the Heat?

For people working outdoors, safety boots are most likely a must day in, day out. Working on hot Summer days creates a damp, warm environment for feet; a breeding ground for fungal infections. Ill-fitting and damp boots can also leave you with uncomfortable blisters, caused by excess friction to the skin. Keep blisters intact to prevent a wound from worsening. Keep the area clean and use a dressing while it heals.

TIP!

As soon as you get home, place your boots in a warm well-ventilated area to avoid wearing damp boots the next day. Let **Neat Feat Natural Shoe Deodoriser** work its magic overnight to help keep your boots dry and free from bacteria.



Neat Feat Natural Shoe Deodoriser. Helps keep your boots dry and free from bacteria.

125mL ¥

\$6.98

Put a Pep in your Step!

Sandal season is here; kick off those woolly socks and prep those tootsies for Summer. During Winter, you may have experienced sweaty feet so it's important to check for any fungal infections which can appear such as redness, itching, cracked or peeling skin, especially between the toes and the soles of your feet.

Canesten Clotrimazole Antifungal Cream. Clotrimazole 10 mg/g.

50g ¥

\$11.98



Be Summer ready with **Neat Feat Antifungal Foot Spray!**

Neat Feat Antifungal Foot Spray. Helps keep your feet dry and free from bacteria.

50mL ¥

\$14.98

SAVE \$2.82*

Neat Feat Willow Wart Wart & Skin Tag Gel. Helps remove warts and skin tags.

10g ¥


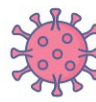

\$14.98

SAVE \$2.97*

¥ Always read the label. Follow the directions for use. This medicine/ product may not be right for you. Read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. *Savings claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.

ALLERGY – KNOW YOUR SYMPTOMS

Allergy season is in full swing! Warmer temperatures and dry, windy days mean airborne allergens are at their peak. Allergy season can hit us hard, triggering symptoms like sneezing, a runny nose, itchy watery eyes and in some cases, thunderstorm asthma flare-ups. Don't let allergies hold you back - get to know your symptoms and triggers to combat allergy season successfully. For peace of mind should you be feeling anxious, get to know the difference between allergy and COVID-19 symptoms¹, so you can make an informed decision to visit a medical professional. They can advise you if a COVID-19 test is required.

 SYMPTOMS ¹	 COVID-19	 ALLERGY
Fever	Common	No
Cough	Common	Common (asthma)
Sore throat	Sometimes	Sometimes (itchy throat and palate)
Shortness of breath	Sometimes	Common (asthma)
Fatigue	Sometimes	Sometimes
Aches & pains	Sometimes	No
Headaches	Sometimes	Sometimes
Runny or stuffy nose	Sometimes	Common
Diarrhoea	Rare	No
Sneezing	No	Common



\$18.98

120 Sprays ¥



\$23.98

120 Sprays ¥



\$19.98

140 Sprays ¥



\$36.98

280 Metered Sprays ¥

Try together for dual action allergy relief



\$16.98

20 Tablets ¥



100 Sachets



\$24.98

SAVE \$6.97*

100 sachets





\$11.98

SAVE \$2.51*

150mL



\$12.98

15mL ¥



\$11.98

1 bottle & 12 Sachets



\$23.98

30 Tablets ¥



\$32.98

50 Mini Tablets ¥

1. <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/stay-informed/symptoms-of-novel-coronavirus-covid-19-comparison> *Saving claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.



Are you sure you don't need help managing your asthma?

Only 1 in 10 people are using their asthma inhalers correctly!¹ Chances are you may not be managing your asthma as well as you think!

Ask us how to better manage your asthma, so you can focus on doing the things you love.



Speak to our Pharmacist about your asthma today.



COVID-19 Vaccination FAQs²

We're able to administer the Moderna (Spikevax) COVID-19 vaccine, as it is now rolled out exclusively in Pharmacy. Here are a few frequently asked questions that we've been getting about COVID-19 vaccinations:

What's the difference between AstaZeneca (Vaxzevira) and Moderna (Spikevax)?

The Moderna (Spikevax) vaccine is a mRNA vaccine that uses the same technology as the Pfizer (Comirnaty) COVID-19 vaccine. The Astra-Zeneca (Vaxzevria) uses technology that genetically modifies a cold causing virus, similar to other vaccines.

Who can get vaccinated at our Pharmacy?

If you are 12 years or older, you are eligible to get the vaccination at our Pharmacy. Call us today to book in your appointment with us.

If I had my first dose somewhere else, can I get my second dose at your Pharmacy?

Yes! Our Pharmacist will check your vaccine history on the Australian Immunisation register to determine what vaccine you received and determine whether you will be eligible to receive a second dose at our Pharmacy.

Which vaccine should I get if I'm pregnant or breastfeeding?

The Moderna (Spikevax) vaccine has been approved by the TGA (Therapeutic Goods Administration) for pregnant and breastfeeding individuals.

**COVID-19
VACCINATION**
Safe. Effective. Free.



1. <https://www.nationalasthma.org.au/news/2016/ninety-per-cent-of-australians-with-asthma-use-their-inhalers-incorrectly> 2. COVID-19 Vaccination Training Program. Australian Government - Department of Health. Available from <https://covid19vaccinationtraining.org.au/>. Updated September 2021. Accessed September 2021.



KNOW YOUR PAIN, KNOW YOUR GAIN

Do you know what your pain is telling you? There's no 'one-size-fits-all' when it comes to being in pain or tolerating pain, which makes treating pain a unique experience for everyone. With a recent study suggesting 1 in 5 Australians are currently living with Chronic Pain¹, it's important to understand your pain so you can better treat and manage it. Our Pharmacy is a good place to start.

Ask our Pharmacist for a Pain Management Plan today.



When it comes to pain management solutions, there are **three categories** that encompass means of treatment for you and your little ones:

1. Over-the-Counter Options

Dymadon for Babies
Paracetamol 50 mg/mL
PAIN & FEVER RELIEF
60mL[^] \$5.78

Dymadon for Kids
Paracetamol 50 mg/mL
PAIN & FEVER RELIEF
100mL[^] \$7.78

Dymadon for Kids
Paracetamol 50 mg/mL
PAIN & FEVER RELIEF
200mL[^] \$12.98 each

NUROFEN FOR CHILDREN
Ibuprofen 100mg/5mL
PAIN & FEVER RELIEF
50mL^μ \$14.98

NUROFEN ZAVANCE
Ibuprofen 200mg
80 Liquid Capsules^μ \$20.98

Panadol Extra
Paracetamol 500mg + Ibuprofen 150mg
80 Capslets[^] \$18.98

Chemists' Own
Anti-Inflammatory Pain Relief
Diclofenac sodium 25 mg
30 tablets

Ask your Pharmacist—They must decide if this product is right for you

2. Supplements

- Magnesium
- Turmeric
- Curcumin



3. Non-medical products

- Heat patches
- Braces and strapping
- Ice packs
- Wheat packs



For temporary relief of pain associated with migraine & tension headaches, sinus pain, toothache and dental procedures

maxigesic
Paracetamol 500mg + Ibuprofen 150mg
12 Tablets^μ \$5.48

For period pain and cramps or heavy menstrual bleeding, as well as mild to moderate pain

Ponstan
Mefenamic acid 250 mg
20 Capsules^μ \$9.98

Treats pain and inflammation of muscles, joints, tendons and ligaments

Voltaren Emulgel
Diclofenac diethylamine 11.6 mg/g
150g[¥] \$24.98

¹ Australian Institute of Health and Welfare. Chronic pain in Australia. AIHW, 2020. ^μ This medicine may not be right for you. Read the label before purchase. Follow the directions for use. Incorrect use could be harmful. If symptoms persist, talk to your health professional. [^] Always read the label. Follow the directions for use. This medicine/ product may not be right for you. Read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.



SUMMER GLOW FROM TOP TO TOE



Set your alarms, it's time for your skin to feel that warmth and get some much-needed Vitamin D. Taking care of your skin in the summertime doesn't mean doubling your to-do list or stocking up on more products.

This season, keep your skincare routine as simple as possible with this no-nonsense Summer checklist:

Ensure you're well hydrated from within.



Drinking your 8 cups of water daily flushes toxins from your blood and digestive system¹, minimising the effects of itching, acne and eczema!

Fill your diet with Vitamin C-packed fruits and veggies.



Vitamin C enhances the production of collagen – the protein responsible for the structure and elasticity of your skin.

Get some good quality 'beauty' sleep.



Eight hours a night should do the trick and your skin will thank you!

Lather up your body with moisturiser daily.



Your skin can perform its repair duties overnight.



\$11.98
SAVE \$2.97*



Ask your Pharmacist—They must decide if this product is right for you



40% OFF*
selected Sukin products



\$21.98
SAVE \$4.01*



\$16.98

Offer!

Buy the 1L Wash and get any of the 500g/ml range for \$12.50



500g

Want smooth, supple soles? Treat those tired feet.



\$6.48

500g

QV DERM CARE
ECZEMA DAILY

Helps to relieve the symptoms of **mild to moderate eczema**

- ✓ Helps to repair the skin barrier
- ✓ Helps relieve itchy, dry skin
- ✓ Leaves skin smooth & soft

NEW
THERAPEUTIC MEDICAL DEVICE

WITH
CERAMIDES



\$21.98

350mL



\$21.98

SAVE \$5.01*

350mL

Always read the label. Follow the directions for use.
If symptoms persist, worsen or change unexpectedly, talk to your health professional.

¹ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4529263/> Always read the label. Follow the directions for use. This medicine/ product may not be right for you. Read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional *Saving claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.

GET YOUR DAILY BOOST!



Adding antioxidant- rich foods to your diet is an effective way to increase your intake of nutrients, however, adding a daily supplement can help complement a balanced diet. Getting to know the benefits of some key vitamins and minerals will help you decide which supplements are right for you.

Vitamin D is naturally produced in the skin when exposed to sunlight and essential for strong bones, muscles and joint health.¹

TIP!

Pop mushrooms in the midday sun for about an hour before consumption. This generates a significant amount of Vitamin D. Mushies make you squirm? A Vitamin D supplement may boost your intake.²



100 Tablets ‡



250 Capsules ‡



200 Tablets ‡



30 Tablets ‡

Healthy Iron Levels



60 Capsules ‡

Omega-3 for Heart & Eye Health



200 Doses ‡

Horseradish has an anti-inflammatory ingredient that may boost immunity and help relieve symptoms of hayfever and nasal congestion



50 Tablets ‡



60 Melts ‡

B12 for Energy Support



Did you know?



Lyprinol contains green lipped mussel oil, native to New Zealand. A good source of zinc, iron, and anti-inflammatory nutrients like omega-3 fatty acids.



30 Capsules ‡

1. www.healthdirect.gov.au/vitamin-d-deficiency 2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6213178/> Not all products stocked in all participating pharmacies. ‡ Vitamin & Mineral supplements may only be of assistance if dietary intake is inadequate. *Savings claims are based on the supplier Recommended Retail Price. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.



Gut Health Support



\$16.98
each

SAVE \$6.01*

100 Tablets ‡

100 Tablets ‡



\$29.98

SAVE \$14.97*

60 Capsules ‡



\$29.98

SAVE \$9.97*

30 Capsules ‡



\$54.98

SAVE \$27.97*

90 Capsules ‡

Magnesium for Mind and Body



\$18.98
each

SAVE \$8.01*

100 Capsules ‡

100 Capsules ‡



126g ‡



140g ‡

\$34.98
each

SAVE \$9.52*



120 Tablets ‡

\$34.98

SAVE \$10.52*

Key Vitamins & Minerals for Everyday Health

Meet Magnesium: A nutrient essential for healthy muscles, nerves, bones and blood sugar levels.¹ May also help promote a calm and improved mood leading to a better night's sleep.

Meet Vitamin B6: Found in turkey, chickpeas, tuna, potatoes and bananas. This nutrient may help regulate moods² as well as relieve pre-menstrual tension symptoms.

Meet Vitamin C: Found in many fruits and veggies helps to keep your bones and connective tissues healthy. May also help with iron absorption.⁶ Particularly beneficial for collagen formation, helping to strengthen skin, blood vessels and heal wounds.⁷

Meet Folic Acid: Helps the body make healthy red blood cells and is particularly beneficial supplement when planning a family. Having enough of a folate intake prior to conception will help to prevent birth defects and pregnancy complications.⁴

Meet Vitamin A: Full of antioxidant benefits, it's important for good vision, healthy skin and immune support.³

Meet Zinc: Essential for many of our body's normal functions and systems such as wound healing, blood clotting, thyroid function and our immune system.⁵



1. <https://www.healthdirect.gov.au/magnesium> 2. <https://www.everydayhealth.com/diet-nutrition/benefits-of-vitamin-b6.aspx> 3. <https://www.healthdirect.gov.au/vitamin-a> 4. <https://www.healthdirect.gov.au/folate> 5. <https://www.healthdirect.gov.au/zinc> 6. <https://www.healthdirect.gov.au/vitamin-c> 7. <https://www.betterhealth.vic.gov.au/health/healthyliving/Vitamins-and-minerals#vitamin-c> Vitamin & Mineral supplements may only be of assistance if dietary intake is inadequate. If symptoms persist, talk to your health professional. *Saving claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.



GET IN GEAR FOR THE NEW YEAR!

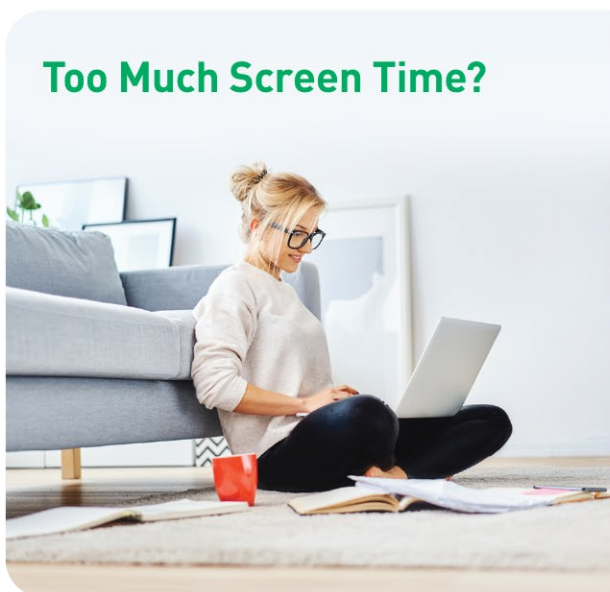
With 2022 on the horizon, make good use of your time off. Kickback, focus, and hit refresh on your health goals. Are there certain issues that have bothered you throughout the year that you didn't prioritise? Have you been meaning to check your blood pressure and look after your heart health on a regular basis? Perhaps you have been thinking about quitting smoking but haven't been able to stub it out just yet? Come in-store, say hello, and have a chat to our Pharmacist today. We are here to help and support you in reaching your new year goals.



nicorette QuickMist mouthspray
2x150 Sprays † **\$49.98 each**

nicorette nicotine gum
105 Pieces † **\$34.98**

Nicabate MINI LOZENGES
60 Lozenges † **\$26.98 each**
SAVE \$5.51*



Too Much Screen Time?

This year many of us have upped our screen time while staying at home. As a result, our eyes have suffered and have become fatigued, red, dry or irritated. If you experience these symptoms, there are treatments available that provide that much needed relief. Eye drops help to lubricate the surface of the eyes¹; **Murine Dry Eyes** and **Systane Ultra** can help. Take regular breaks from screen use to allow your eyes to refocus and remember to venture outdoors for more 'green time' than 'screen time'.



Systane Ultra (Hyaluronate 0.1%)
2x10mL Bottles † **\$14.98**
SAVE \$4.01*

MURINE Clear eyes
1x10mL Bottle † **\$8.98**

MURINE Dry eyes
10mL † **\$12.98**



cartia DUENTRIC® COATED LOW DOSE ASPIRIN 100 mg
168 Coated Tablets † **\$13.98**

† Cartia helps prevent blood clotting and reduces the risk of heart attack and stroke in patients with known cardiovascular or cerebrovascular disease. For use under medical supervision only. The use of low dose aspirin may be only one component of your medical practitioner's management plan to prevent you having a further heart attack or stroke. You should discuss this plan with your medical practitioner. Do not substitute other medicines containing aspirin, for this medicine, without first consulting your Pharmacist or medical practitioner.

1. <https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/dry-eye> † Always read the label. Follow the directions for use. † Always read the label. Follow the directions for use. This medicine/ product may not be right for you. Read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. † Always read the label. Follow the instructions for use. This product may not be right for you. Read the instructions for use before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. Consult your doctor to evaluate the readings. Check your device periodically for accuracy. * Saving claims are based on the supplier Recommended Retail Price. Not all products stocked in all participating pharmacies. While stocks last. Terms and Conditions apply. Offer valid Tuesday 9th November 2021 to Sunday 5th December 2021.



Has your Doctor asked you to monitor your blood pressure at home? Try Omron (HEM-7121).
\$99
SAVE \$32*

Reminder!
Use your health insurance extras by 31st December. Depending on your cover and health fund, you may have access to heart health checks, quit smoking programs or even an eye test and a pair of new specs!

World Diabetes Day - 14 November
The theme for World Diabetes Day 2021 is Access to Diabetes Care.



CHRISTMAS CUT-OUT ACTIVITY

Have some family fun this Christmas! Cut out your favourite Aussie animal, pop in some string to hang on your Christmas tree.



LifeClub™

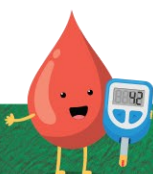
Get away with our
Kindle
GIVEAWAY!

Whether you read to relax or escape,
re-kindle your love for reading.

Simply shop in our Pharmacy for your chance to WIN!**



Promotion valid from 9th November - 5th December 2021. Excludes prescriptions. Customers must use their LifeClub card when transacting. Multiple entries permitted. See in store for full competition terms and conditions.



Help spread the word this November for Diabetes Awareness.
worlddiabetesday.org/get-involved

Extra Care. Extra Savings.

Special Gifts This Christmas



 from **\$14⁹⁵** Natio Range



 **\$13⁹⁹** Lulu Grace Body Care Gift Box 4 pc



 **\$19⁹⁹**
Lulu Grace Gift Boxed New Bone China Mug Duo Set



 **\$14⁹⁹** Lulu Grace Christmas Mug & Money Box



 **\$19⁹⁹**
Dresser Play Set



 **\$19⁹⁹** Tool Suitcase Play Set

Giveaway! Spend \$40 on gifts in store for the chance to win a Christmas Hamper.*

Come in store and pick up our Christmas Gift Catalogue!

*Further terms and conditions apply.
See in-store for more details.

Shop 9, Parry Village Shopping Centre, 118 Parry Avenue, Bull Creek WA

Phone: 9332 5232

Monday - Friday 8:30am - 7:00pm

Saturday 8:30am - 6:00pm Sunday 9:00am - 5:00pm

Public Holidays Closed

**OPEN
7 DAYS**